BEHAVIOUR & RELATIONSHIPS

Think About It?

Write about a time something happened, step by step.

What Happened

Who? Where? What happened?



How I Felt

Circle one. Then write.



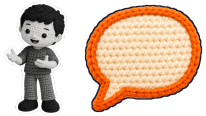
What I Thought

What went through my mind?



My Reaction

What did I say or do?



Did My Reaction Help? What Could I Do Next Time?

